



# Day Services

**The Life Project is a Bath based charity working with and supporting adults with learning disabilities.**



**Our vision:** is for an inclusive world in which people with learning disabilities know they belong.



**Our mission:** is to create and model supportive community for people with learning disabilities, their families and carers.



**Our Values:** creative, inclusive, enabling, & community – are at the heart of who we are and what we do. These values have strong roots in Christian teaching and practice, whilst also being accessible and meaningful for all – regardless of background. We believe that every person is unique – fearfully and wonderfully made – and is a valuable gift to the world and our community.



Creative



Inclusive



Enabling



Community





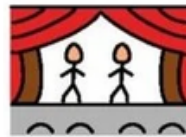
Our Day Services are designed for those with moderate, severe or multiple and profound Learning Disabilities.

We offer meaningful and purposeful occupation – giving our Service Users (or Makers, as they are known to us) opportunities to make decisions, choose activities and shape each day.

Activities include (but not limited to)...



Dancing



Drama



Crafts



Painting



Wood Work



Cooking



Baking



Singing



Music



Gardening

Most importantly, our Day Services are about friendship and fun, sharing life together, supporting and encouraging one another!

Sessions currently take place on Tuesday, Wednesday and Thursday each week but we are looking to expand our provision, with a view to providing a fourth session by September 2025.

We have a wonderful team, skilled in the activities they oversee and experienced working with adults with learning disabilities. All are passionate about what we do and the community we serve.



The majority of our sessions take place at the Old Acorn Barn in the beautiful village of Englishcombe, just outside of Bath, plus we have an allotment a short drive away.

We work with the seasons so our sessions will adapt throughout the year (for example, we don't do much gardening in the winter) but a typical day will follow a pattern similar to the following:



Old Acorn Barn



### Activity 1



Gardening or Movement or Walk



### Refreshments and Sharing News



### Activity 2



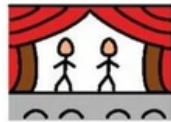
Wood Work or Art and Craft or Cooking



### Lunch



### Activity 3



Drama or Music or Games

Some activities are done all together whilst for others we split into smaller groups.

Each day over morning coffee/tea we take time to share how we are feeling and listen to each others latest news – whether that's a recent visit to the cinema, a birthday, or a recent meal we enjoyed. Everyone is encouraged to share as they are able with the use of communication aids as necessary

Makers are supported to make lunch: 2 or 3 Makers work with an Activity Leader to produce delicious, healthy meals which we come together to enjoy.

Whenever possible we make the most of the produce grown at the allotment – it is always a treat to see the journey of a seed to a plant to our plate!



Makers will attend a Personal Assistant if it will help to enable them to fully engage and participate.

Unfortunately we are currently unable to accommodate significant mobility needs or wheelchair users due to the limitations of the premises.

Funding for Makers is via personal budgets.

To find out more or arrange a visit please contact our Day Services Coordinator, [dayservices@lifeprojectbath.org.uk](mailto:dayservices@lifeprojectbath.org.uk)



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